

6.5.2. IQAC in Teaching learning Reforms – Mentoring System



SAKTHI COLLEGE OF ARTS AND SCIENCE FOR WOMEN

ODDANCHATRAM – 624619, DINDIGUL (DT) TAMIL NADU

(Approved Under Section 2(f) & 12(B) Status of UGC Act, 1956)

(Permanently Affiliated to Mother Teresa Women's University, Kodaikanal)

COUNSELLING AND GUIDANCE CELL



| | |
|------------|--------------------|
| Name | : M. Pattu Priya |
| Reg. No | : 194926ER012 |
| Programme | : M.Sc |
| Department | : Computer Science |

I. PERSONAL DATA :

1. Name of the Student : M. Pattu Riya
2. Class : II M.Sc (CS)
3. Duration of the Course : 2019 - 2021
4. Short- term Objective :
5. Long- term Objective :
6. Member in NSS/YRC : NSS
7. Participation in Sports : NO
8. Any Special Skill : Leadership, Perseverance
& motivation
9. Native Place : Nilakottai
10. Permanent Address : 14.1.58A, Telungar street
Nilakottai - 624708
Dindigul (DT)
11. Contact Number : 9043111378
12. Date of Birth : 21.06.1999
13. Blood Group : B+
14. Aadhar- Id : 864204919110
15. Religion and Community : Hindu, MBC

16. Parental Particulars :

| Name of the Family Members | Relationship | Occupation |
|----------------------------|--------------|---------------------------|
| K. Muthukrishnan | Father | Tailor |
| N. Nagalakshmi | Mother | House wife |
| M. Pattathu Raja | Brother | Octopus Transport Manager |
| | | |
| | | |

17. Filial Rank :

18. Do you live in joint or nuclear family ? Nuclear Family

19. Do you like your family type? Yes

20. Is there any gender discrimination shown at home? NO

21. Why did you choose this course ? I like to connect with people and I have good convincing as well as communication skills

22. Are you a day-scholar or a hosteller ? Day - Scholar

23. How do you come to college? College Bus

24. What do your case-takers want you to be in future? Government Employee

25. Who pays the fees for you?

Parents

26. Do you avail any scholarship ?

NO

27. Who guides you in studies at home ?

Parents

28. Are you the first graduate in your family?

Yes

29. Are you responsible for you any domestic work?

Yes

II. HEALTH & HYGIENE:

30. What are your common ailments?

Cold and flu

31. Do you get any severe suffering?

No

32. Do you take nutritious diet?

Yes

33. Are you conscious of your physical appearance?

Yes

34. Do you skip your meals at any time?

NO

35. Who prepares food at home?

Mother

36. Do you know cooking?

Yes

37. What is your favourite food?

Fish and seafood

38. Who is your family doctor?

NO

39. Do you wear spectacles?

Yes

40. Do you do physical exercise or Yoga daily?

Yes

41. Any other information, regarding your health:

NO

III. PSYCHOLOGICAL STUDY:

42. Do you get sound sleep?

NO

43. At what time do you go to bed?

10.00 P.M.

44. At what time do you get up in the morning?

6.30 A.M.

45. Do you get headache often?

NO

46. How many hours can you spend for your studies daily?

ONE HOUR

47. Is your family atmosphere convenient to your studies?

Yes

48. Do you feel any stress at times? When?

NO

49. To whom do you confide your secrets?

Friends

50. Are you a lover of loneliness?

NO

51. How do you manage your stress factor?

Angry, Headache

52. Do you escape from problems or try to solve them?

Hearing music

53. Do you suppress your anger at times?

Silent

54. What type of girl are you?

Silent girl

55. What is your minus point?

Short temper

56. What is your plus point?

Helping Mind

57. When do you feel proud of your own self?

Caring Family

58. How do you consider failures in life?

Everyone has failed and everyone will fail again

59. Are you a theist? If yes, who is your favourite God?

NO

60. Do you get negative thoughts about anything?

NO

61. Are you an optimist or a pessimist?

I am a pessimist girl

62. Do you feel jealous of anyone?

Yes

63. Are you amiable to your family members?

Yes

64. Who is the friend, philosopher and guide in your life?

Sivababu

65. Who is your role model? Why?

J. Jayalalitha, Strong Women

66. What are your recreations?

Watching TV, Music

67. Which art soothes your heart?

Seasons art

68. What kind of movies do you like most?

Seasons art

69. How do you move with the other gender of your age?

House movies

70. In what way do you make your teachers feel proud of you?

Polite

71. Who, according to you, is a good daughter?

My kindness teacher will be proved to me

IV. SOCIABILITY:

72. Who is your best friend?

Aeetha

73. Are you a chatter-box?

Yes

74. How many are your friends in your class?

18

75. How do you treat your junior students?

Respect Friend

76. What makes you feel uneasy, when being in groups?

No

77. Do you meet any severe problem by anyone?

Study help

78. What kind of help do you render to your friends?

Koodai kanal

79. Where do you spend your vacation?

Relative

80. Who visits your home quite often?

3 hours

81. How much time do you spend over phone daily?

2 Hours

82. Do you think social network is beneficial to society?

Yes

83. Who, do you think, is a good citizen?

Voting in elections telling an adult if someone is

84. What good will you do to the society? a danger to themselves or others

Agriculture improvement

85. Are you proud of Indian culture?

Yes

86. How, do you think, can we protect our glorious culture?

Spent time with other members of the community

87. Give useful message to your friends:

Friends make your life memorable, Thank you making mine sweet and memorable.

88. Give useful message to the society:

Life people up instead of bringing them down.

V. ECONOMIC STATUS:

89. Do you take up any part-time job?

No

90. Do you wish to take up any such job?

Any Government Job

91. Do you pay your fees in time?

Yes

92. Do you save money?

Yes

93. How much do you spend as pocket money daily?

20 Rupees

94. How many new dresses do you get every year?

15 Dresses

95. Have you availed any bank loan for your studies?

No

96. What is your plan to improve the economical status of your family in

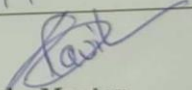
future?

Go to job

Performance in End Semester Examinations: (Part III only)

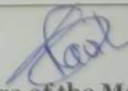
Semester – I:

| Title of the Course | Marks Obtained |
|--|----------------|
| Advanced Java Programming | 64 |
| Mathematical Foundations of Computer Science | 56 |
| Data Structures and Algorithms | 59 |
| Soft Computing | 72 |
| Advanced Java Programming Lab | 99 |


Signature of the Mentor

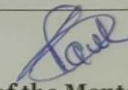
Semester – II:

| Title of the Course | Marks Obtained |
|--|----------------|
| Advanced operating System | 68 |
| Relational Database Management Systems | 71 |
| Computer Networks | 71 |
| Data Warehousing and Data Mining | 76 |
| Relational Database Management Systems - Lab | 100 |


Signature of the Mentor

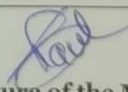
Semester – III:

| Title of the Course | Marks Obtained |
|----------------------|----------------|
| Compiler Design | 70 |
| Software Engineering | 79 |
| Web Programming | 86 |
| Big Data Analytics | 90 |
| Web Programming Lab | 100 |


Signature of the Mentor

Semester – IV:

| Title of the Course | Marks Obtained |
|--------------------------|----------------|
| Digital Image Processing | 79 |
| Mobile Computing | 82 |
| Project | 96 |
| | |
| | |


Signature of the Mentor

Percentage of Attendance in Each Semester:

| Semester | I | II | III | IV | V | VI |
|------------|-----|-----|-----|-----|---|----|
| Percentage | 94% | 93% | 96% | 98% | | |

VII. TO TEACHERS:

1. Psychological Level of the Mentee:

I interact with the students, due to the discussion she is mentally & physically well

2. Economical background of the Mentee:

Her family background is low, due to her financial insubstantial, she can after the interaction with family members, her family background is ok now.

3. Sociability of the Mentee:

she mingled with her classmates friendly


4. Academic Performance of the Mentee:

she is a average student, through my guidance she is improved her studies.

5. Overall Personality of the Mentee:

she has capability of organising management & also her studies

M Pattupriya
Signature of the Mentee


Signature of the Mentor

To be filled by the Mentor: Mrs. A. Kavitha

Name: M. Patlu Priya Reg.No: 194926E012 Class: 2nd M.Sc (CS)

[illegible]

Mentoring system / 2020 – 2021 / Samples



BARTH COLLEGE OF ARTS AND SCIENCE FOR WOMEN

(INDIAN HATPAM - 624602, HIRUPURU, (DT) TAMIL NADU)

(Approved Under Section 2(1)(b) Status of UPE, 1972)

(Permanently Affiliated to Mother Teresa Women's University, Palayamkottai)

COUNSELLING AND GUIDANCE CELL



| | |
|------------|--------------------|
| Name | : S. NABISHA BEGUM |
| Reg. No | : 18902LR025 |
| Programme | : B.A. |
| Department | : ENGLISH |

To be filled by the Mentor:

Name: S. Nabisha Begun Reg.No: 18903ER025 Class: III B7 English

| DATE | MATTER DISCUSSED | SIGNATURE |
|------------|--|-----------|
| 15/6/2020 | She is a good studying student. So I encouraged her to do more well. | fm |
| 9/9/2020 | By the encouragement given, she scored a little bit higher marks in her exam. | fm |
| 9/10/2020 | The student became actively participated in the library activities also. | fm |
| 17/10/2020 | In the end of semester by the motivation given she scored high marks. | fm |
| 1/11/2020 | Besides her academic participation. I asked her to involved in other activities. | fm |
| 9/11/2021 | So she made herself to participate in other activities. | fm |
| 6/2/2021 | I encouraged her to go for higher studies. | fm |
| 6/3/2021 | She prepared for other competitive exam by the motivation given. | fm |
| 19/3/2021 | In the end, she shined well in the academic things. | fm |
| | | |
| | | |

Dr. R. Madhavi
PRINCIPAL

Sakthi College of Arts and Science for Women
Sakthi Nagar, Palakkannuthu (P)
Oddanchatram, Dindigul Dist



SAKTHI COLLEGE OF ARTS AND SCIENCE FOR WOMEN

ODDANCHATRAM - 624619, DINDIGUL (DT) TAMIL NADU

(Approved Under Section 2(f) & 12(B) Status of UGC Act, 1956)

(Permanently Affiliated to Mother Teresa Women's University, Kodaikanal)









COUNSELLING AND GUIDANCE CELL



Name : M. Selvarani
Reg. No : 18903 ERO40
Programme : B.A
Department : ENGLISH.

To be filled by the Mentor:

Name: M. Selvarani Reg.No: 18903ER040 Class: III BA
ENGLISH

| DATE | MATTER DISCUSSED | SIGNATURE |
|------------|--|---|
| 15/8/2020 | She didn't mingle with other students due to her shyness. |  |
| 9/10/2020 | Due to my Counselling Now she is recovering from shyness slowly. |  |
| 24/10/2020 | In this counselling I saw her mingling with her friends. |  |
| 7/11/2020 | She shows her curiosity to participate in all the activities. |  |
| 21/11/2020 | Through my continuous counselling, she is capable to acquire more knowledge. | |
| 23/12/2020 | She came forward, and she talked with all her friends. |  |
| | I asked her aim of her future plans. She is not having good hope for her future studies. Through my motivation she is willing to study PG Courses. |  |
| 9/1/2021 | | |
| 5/2/2021 | Now she is guiding other students also. |  |
| 11/2/2021 | She became an active participant without any shyness. |  |

Dr. R. Thevar
 PRINCIPAL

Sakthi College of Arts and Science for Women
 Sakthi Nagar, Palakkannadu, PO
 Oddanchatram, Dindigul Dist.



SAKTHI COLLEGE OF ARTS AND SCIENCE FOR WOMEN

ODDANCHIATRAM - 624619, DINDIGUL (DT) TAMIL NADU

(Approved Under Section 2(f) & 12(B) Status of UGC Act, 1956)

(Permanently Affiliated to Mother Teresa Women's University, Kodaikanal)

COUNSELLING AND GUIDANCE CELL



Name : S. MEENA
Reg. No : 18903 ERO 23
Programme : B.A
Department : ENGLISH

To be filled by the Mentor:

Name: S. Meena

Reg.No: 18903ERO28

Class: III BA
ENGLISH

| DATE | MATTER DISCUSSED | SIGNATURE |
|------------|---|-----------|
| 21/8/2020 | She is a slow learner. So I initiated her to concentrate on studies. | BA |
| 12/9/2020 | Somewhat she became interested in studies. | BA |
| 21/9/2020 | She came forward and asked how to concentrate in studies. | BA |
| 17/10/2020 | By following the counselling given, she scored little higher marks. | BA |
| 21/11/2020 | Now she actively listening to the class. | BA |
| 23/12/2020 | She scored good marks in Internal Exams than before. | BA |
| 8/1/2021 | I motivated her to gain good marks in Semester also. | BA |
| 9/2/2021 | I made her to be more attentive in the class. | BA |
| 20/2/2021 | She became attentive and gained good marks in both internal and external exams. | BA |
| | | |
| | | |

Dr. R. Thelva
PRINCIPAL

Sakthi College of Arts and Science for Women
Sakthi Nagar, Palakkannuthu PO
Oddanchatram, Dindigul Dist.



SAKTHI COLLEGE OF ARTS AND SCIENCE FOR WOMEN

ODDANCHATRAM - 624619, DINDIGUL (DT) TAMIL NADU

(Approved Under Section 2(f) & 12(B) Status of UGC Act, 1956)

(Permanently Affiliated to Mother Teresa Women's University, Kodaikanal)

COUNSELLING AND GUIDANCE CELL












| | | |
|------------|---|-------------|
| Name | : | R. Mahadevi |
| Reg. No | : | 18903 ERO20 |
| Programme | : | B. A |
| Department | : | ENGLISH |

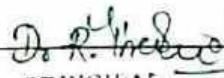
To be filled by the Mentor:

Name: R. Mahadevi

Reg.No: 18903 E R020

Class: III BA
ENGLISH

| DATE | MATTER DISCUSSED | SIGNATURE |
|------------|---|---|
| 21/8/2020 | I found that she is lacking concentration in class. |  |
| 19/9/2020 | I advised her to how to be attentive in the class. |  |
| 15/10/2020 | She slowly regained her knowledge in studies. |  |
| 31/10/2020 | I motivated her to read simple stories. |  |
| 18/11/2020 | And in this counselling she told she increased her capability in reading. |  |
| 27/11/2020 | Now she knows to read and became an active listener. |  |
| 23/12/2020 | All the staffs encouraged her for being a good listener. |  |
| 23/1/2021 | She scored pass marks. |  |
| 9/2/2021 | She became an active student. |  |
| | | |
| | | |
| | | |


PRINCIPAL

Sakthi College of Arts and Science for Women,
Sakthi Nagar, Palakkannuthu,
Dandachattam, Dindigul Dist



SAKTHI COLLEGE OF ARTS AND SCIENCE FOR WOMEN

ODDANCHIATRAM - 624619, DINDIGUL (DT), TAMIL NADU

(Approved Under Section 2(f) & 12(B) Status of UGC Act, 1956)

(Permanently Affiliated to Mother Teresa Women's University, Kodaikanal)

COUNSELLING AND GUIDANCE CELL












Name : S. Nisha Sonali
Reg. No : 18903ER028
Programme : B.A
Department : ENGLISH

To be filled by the Mentor:

Name: S. Nisha
Sonali

Reg.No: 18903ER008

Class: III B7
ENGLISH.

| DATE | MATTER DISCUSSED | SIGNATURE |
|------------|--|---|
| 18/8/2020 | She doesnot come forward to ask her doubts. |  |
| 27/8/2020 | After the motivating time she asked doubt in the subjects. |  |
| 12/9/2020 | By clearing the doubts she increased her marks in the subjects. |  |
| 26/9/2020 | Now she raised her doubt in the class. |  |
| 10/10/2020 | She came forward and asked about the doubts about how to get higher marks. |  |
| 10/10/2020 | Now she was happy by getting good marks. |  |
| 12/11/2020 | I motivated again to involve in other activities. |  |
| 27/11/2020 | Now she understands how to talk in English by following the motivation. |  |
| 6/1/2020 | Now she became a good student & reader. |  |
| | | |
| | | |
| | | |

Dr. R. Thibero
PRINCIPAL
Sanku College of Arts and Science for Women
Bakshi Nagar, Palakkad
Oodanchattam, Dindigul



SAKTHI COLLEGE OF ARTS AND SCIENCE FOR WOMEN

ODDANCHIATRAM - 624619, DINDIGUL, (DT) TAMIL NADU

(Approved Under Section 2(f) & 12(B) Status of UGC Act, 1976)

(Permanently Affiliated to Mother Teresa Women's University, Kodaikanal)

COUNSELLING AND GUIDANCE CELL



Name : M. Vidhya
Reg. No : 18903 ER 05-2
Programme : B.A
Department : English

To be filled by the Mentor:

Name: Mr. Vidhya

Reg.No: 18903ERC52

Class: 1st B A Eng

| DATE | MATTER DISCUSSED | SIGNATURE |
|------------|--|------------|
| 11.7.2018 | I found out that she is not concentrating in her studies | A. Jeyaraj |
| 6.9.2018 | I advised her to maintain stable concentration in class | A. Jeyaraj |
| 22.12.2018 | I asked her to take notes while staffs taking class | A. Jeyaraj |
| 14.2.2019 | I taught her to finish studying the portions on daily basis | A. Jeyaraj |
| 21.6.2019 | I asked her to maintain separate notebook for taking notes | A. Jeyaraj |
| 29.11.2019 | Given some ideas to change her handwriting | A. Jeyaraj |
| 11.1.2020 | I taught her about the technique to followed for writing Sem exam. | A. Jeyaraj |
| 20.3.2020 | she changes her hand writing by practising cursive writing | A. Jeyaraj |
| 15.10.2020 | she started to taking notes in class after the guidance. | A. Jeyaraj |
| | | |
| | | |
| | | |

Dr. R. Thevar

PRINCIPAL

Sakthi College of Arts and Science for Women
Sakthi Nagar, Palakkad District
Oodanohalli, Palakkad

Scanned with CamScanner



SAKTHI COLLEGE OF ARTS AND SCIENCE FOR WOMEN

ODDANCHATRAM - 624619, DINDIGUL (DT) TAMIL NADU

(Approved Under Section 2(f) & 12(B) Status of UGC Act, 1956)

(Permanently Affiliated to Mother Teresa Women's University, Kodaikanal)

COUNSELLING AND GUIDANCE CELL



Name : N. ANITHA

Reg. No : 18942ER004

Programme : B.W.M.A

Department : COMMERCE

To be filled by the Mentor

Name: N. Anitha

Reg.No: 18915E20011

Class: B. Com

| DATE | MATTER DISCUSSED | SIGNATURE |
|------------|---|-----------|
| 01.08.2018 | Discuss about her family background and family issues. | G. Usham |
| 10.10.2018 | Discuss about her fearness to stay in hostel and give ideas to overcome her fearness. | G. Usham |
| 08.01.2019 | Give a ideas to concentrated her studies to improve their habits. | G. Usham |
| 07.08.2019 | Discuss about her personal problems & feeling about her study period (second year) | G. Usham |
| 08.10.2019 | Give ideas to overcome their issues and motivated to participated in all activities. | G. Usham |
| 13/01/2020 | now she is interested to actively participated in all activities. | G. Usham |
| 01/09/2020 | Discuss about her carrier and her interested field areas. | G. Usham |
| 23/10/2020 | Discuss about the competitive exams, and give idea to participate these exams. | G. Usham |
| 12/01/2021 | now she is concentrated her studies and also she has step to prepare competitive exams. | G. Usham |
| | | |
| | | |
| | | |

Dr. R. Thebes

PRINCIPAL

Sakthi College of Arts and Science for Women
Sakthi Nagar, Palakkannathi
Odeanchairam, Dindigul Dist.



SAKTHI COLLEGE OF ARTS AND SCIENCE FOR WOMEN

ODDANCHATRAM - 624619, DINDIGUL (DT) TAMIL NADU

(Approved Under Section 2(f) & 12(B) Status of UGC Act, 1956)

(Permanently Affiliated to Mother Teresa Women's University, Kodaikanal)

COUNSELLING AND GUIDANCE CELL



Name : ZUBANA HASEEN.S










Reg. No : 189H1ER02H

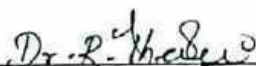
Programme : B.COM

Department : COMMERCE

To be filled by the Mentor:

Name: S ZUBANA HASEEN Reg.No: 189H11E7024 Class: B.COM

| DATE | MATTER DISCUSSED | SIGNATURE |
|------------|---|---|
| 21.7.2018 | Discussed about her Rule habitation like, suspiciousness, not attentive in class etc. |  |
| 11.8.2018 | Talked about good & bad habitation in home & college days. |  |
| 30.8.2018 | Given counselling to behave smoothly & learn obedience, respectfulness etc. |  |
| 25.1.2019 | Interaction regarding mobile usage in home & avoid more use of mobile. |  |
| 21.2.2019 | Counselling given to be attentive in class hours and to concentrate in studies. |  |
| 30.3.2019 | Ask her to avoid stress, to take it easy policy for any disappointment. |  |
| 18.10.2020 | Discussed about her improvement in studies and behaviours and its impacts. |  |
| 05.02.2020 | Discussed about her future courses etc. |  |
| 25.03.2020 | Given guidance for her betterment in life. |  |
| | | |
| | | |
| | | |



PRINCIPAL

Sakthi College of Arts and Science for Women
Sakthi Nagar, Palakkanuthi
Chinnamburam, Dindigul District



SAKTHI COLLEGE OF ARTS AND SCIENCE FOR WOMEN

ODDANCHATRAM - 624619, DINDIGUL (DT) TAMIL NADU

(Approved Under Section 2(f) & 12(B) Status of UGC Act, 1956)

(Permanently Affiliated to Mother Teresa Women's University, Kodaikanal)

COUNSELLING AND GUIDANCE CELL

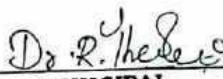


Name : M. Jahira Mahabuba
Reg. No : 18945ER011
Programme : BCA
Department : Computer Application

To be filled by the Mentor: R. Madhumathi

Name: M. Jahira Mahabuba Reg.No: 18945ER011

Class: III - BCN

| DATE | MATTER DISCUSSED | SIGNATURE |
|------------|--|---------------|
| 16.07.2018 | Discussed about her personal problem & her family background. | R. Madhumathi |
| 21.09.2018 | Discussed about the results of counseling and then I have given some ideas. | R. Madhumathi |
| 20.12.2019 | I advised her not to take regarding seriously about the petty problems. | R. Madhumathi |
| 20.08.2020 | I suggested her how to overcome her busy mind and become a careful person. | R. Madhumathi |
| 24.09.2020 | I advised her not to think about the problems and rather she should solve that problems. | R. Madhumathi |
| 28.10.2020 | I advised her how to have a peaceful mind and become a calm minded person. | R. Madhumathi |
| 08.01.2021 | I advised her how to communicate with others at the time of having problems. | R. Madhumathi |
| 12.02.2021 | I advised her how to become a wise person. | R. Madhumathi |
| 03.03.2021 | I advised her how to maintain the class and also how to overcome the struggle at her personal life. | R. Madhumathi |
| | | |
| | | |
| |  PRINCIPAL Sakthi College of Arts and Science for Women Sakthi Nagar, Palakkanuthu (Po), Oddanchatram, Dindigul Dist - 624 619. | |



SAKTHI COLLEGE OF ARTS AND SCIENCE FOR WOMEN

ODDANCHATRAM - 624619, DINDIGUL (DT) TAMIL NADU

(Approved Under Section 2(f) & 12(B) Status of UGC Act, 1956)

(Permanently Affiliated to Mother Teresa Women's University, Kodaikanal)

COUNSELLING AND GUIDANCE CELL



Name : R. SARATHAMANI

Reg. No : 18926ERO27










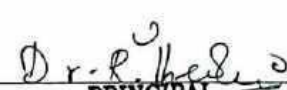
Programme : B.Sc

Department : Computer Science

To be filled by the Mentor: P. Aloguthai

Name: R. Sarathamani Reg.No: 18926ER027

Class: III - BSc(CS)

| DATE | MATTER DISCUSSED | SIGNATURE |
|------------|--|---|
| 16.07.2018 | I have discussed about the reason of her sadness in the class |  |
| 21.09.2018 | I have discussed with her to improve technical knowledge |  |
| 20.12.2019 | I advised her to be courageous and to be patient to overcome the struggles and also said not to worry about the past activities |  |
| 20.08.2020 | I often encourage her not to lose hope by saying that there is a bright future is waiting for her. |  |
| 24.09.2020 | I advised her how to get a job after her successful degree completion |  |
| 08.10.2020 | I have discussed her to concentrate on studies along with her sports activities |  |
| 08.01.2021 | I advised her how to improve fluency in english to get job |  |
| 12.02.2021 | I gave her some tips to improve her body language |  |
| 03.03.2021 | I advised her to take medical remedy for her pimples on face |  |
| | | |
| | | |
| |  PRINCIPAL Sakthi College of Arts and Science for Women Sakthi Nagar, Palakkanuthu (Po), Oddanchatram, Dindigul Dist - 624 619, | |



SAKTHI COLLEGE OF ARTS AND SCIENCE FOR WOMEN

ODIANCHATTRAM - 624610, DINDIGUL (DT) TAMIL NADU

(Approved Under Section 2(f) & 12(B) Status of UGC Act, 1956)

(Permanently Affiliated to Mother Teresa Women's University, Kodaikanal)

COUNSELLING AND GUIDANCE CELL



| | |
|------------|--------------------|
| Name | : R. Roja Sri |
| Reg. No | : 18903ER036 |
| Programme | : chemistry - B.Sc |
| Department | : chemistry |

To be filled by the Mentor:

Name : R. Roja Sri

Reg.No : 18923FR036

Class: BSc Chemistry

| DATE | MATTER DISCUSSED | SIGNATURE |
|------------|---|-----------|
| 27-7-2019 | Discussed about her family background and personal problems | G. P. L |
| 11-8-2019 | Discussed about how to overcome semester Exam fear | G. P. L |
| 30-8-2019 | Analysed some laboratory problems and I have Guided how to manage the problems | G. P. L |
| 18-9-2019 | I have given some Easiest method to understand the Chemistry Related concepts | G. P. L |
| 18-10-2019 | I Interact the particular student and Planned her Interview Skills | G. P. L |
| 5-2-2020 | And also I Guided how to write Resume writing | G. P. L |
| 28-3-2020 | she has some communication problems through my Guidance she communicates with Each other. | G. P. L |
| 29-9-2020 | I have Given some Guidance to Improve her percentage in Interview stage | G. P. L |
| 26-2-2021 | Discussed about how to manage her personal problems | G. P. L |
| | | |
| | | |
| | | |

Dr. R. Thebe

PRINCIPAL

Sakthi College of Arts and Science for Women
Sakthi Nagar, Palakkanuthur (Po),



SAKTHI COLLEGE OF ARTS AND SCIENCE FOR WOMEN

ODDANCHATRAM - 624619, DINDIGUL (DT) TAMIL NADU

(Approved Under Section 2(f) & 12(B) Status of UGC Act, 1956)

(Permanently Affiliated to Mother Teresa Women's University, Kodaikanal)

COUNSELLING AND GUIDANCE CELL



Name : V. Hemalatha
Reg. No : 18922ER007
Programme : III Bsc
Department : physics

To be filled by the Mentor S. Sriolevi

Name: V. Hemalatha Reg. No: 18722 & 2007 Class: III B.Sc. Phy

| DATE | MATTER DISCUSSED | SIGNATURE |
|----------|--|-------------|
| 13.8.20 | Discussed about her previous day experience & how to study and score high marks in final year. | S. Sriolevi |
| 21.9.20 | Avoidance of careless and how to concentrate in studies. how could get more marks. | S. Sriolevi |
| 27.10.20 | Improvement of her health and mental disturbance. Avoid unnecessary thoughts. | S. Sriolevi |
| 20.11.20 | Discussed about her lonely. advised to mingle with others and talk to others. | S. Sriolevi |
| 23.12.20 | Advised to helping to others. and asked her to be in free mind. | S. Sriolevi |
| 8.01.21 | Discussed about higher studies and importance & advised to study other than subjects. | S. Sriolevi |
| 15.2.21 | Discussed about her wealthy and source of income of her parents. | S. Sriolevi |
| 21.2.21 | Discussed about improve her wealthy to use her knowledge and taking tuition. | S. Sriolevi |
| 12.3.21 | Concentrated her health & take good time at home also Avoid sickness. | S. Sriolevi |
| | | |
| | | |
| | | |

S. Sriolevi

PRINCIPAL

Sakthi College of Arts and Science for Women
Sakthi Nagar, Palakkannur (Poi),
Oduanchattam, Dindigul Dist - 624 619.



SAKTHI COLLEGE OF ARTS AND SCIENCE FOR WOMEN

ODDANCHATRAM - 624619, DINDIGUL (DT) TAMIL NADU

(Approved Under Section 2(f) & 12(B) Status of UGC Act, 1956)

(Permanently Affiliated to Mother Teresa Women's University, Kodaikanal)

COUNSELLING AND GUIDANCE CELL



Name : R. Manju
Reg. No : 18921ER025
Programme : III B.Sc
Department : Mathematics .

To be filled by the Mentor:

Name: R. Manju

Reg.No: 18921ER025

Class: III - BSC

| DATE | MATTER DISCUSSED | SIGNATURE |
|------------|---|-----------|
| 27-07-2018 | Discussed about Her family details & Personal problems. | S. Manik |
| 11-08-2018 | Given some ideas to overcome her Semester Exam fear. | S. Manik |
| 30-8-2018 | Measured the Previous Counselling result & Make her feel Good. | S. Manik |
| 25-01-2019 | In this class I have given some ethical values in life. | S. Manik |
| 21-2-2019 | Discussed the Present Situation of her & given some ideas to face it. | S. Manik |
| 30-3-2019 | Guided her to move on the next level of her studies. | S. Manik |
| 18-10-2019 | I have given some suggestion to realized some changes through her activities. | S. Manik |
| 5-2-2020 | I have given some ideas to improve her mark percentage in semester | S. Manik |
| 25-3-2020 | I have given some suggestions to plane her future life | S. Manik |
| | | |
| | | |
| | | |

Dr. R. Theibee
PRINCIPAL

Sakthi College of Arts and Science for Women
Sakthi Nagar, Palakkannuthu (P.O.)
Vandavasi, Dindigul Dist - 625 019.



SAKTHI COLLEGE OF ARTS AND SCIENCE FOR WOMEN

ODDANCHATRAM - 624619, DINDIGUL (DT) TAMIL NADU

(Approved Under Section 2(f) & 12(B) Status of UGC Act, 1956)

(Permanently Affiliated to Mother Teresa Women's University, Kodaikanal)

COUNSELLING AND GUIDANCE CELL



Name : *S. Sneha*

Reg. No : *18903ER044*

Programme : *III B.A*

Department : *English*

To be filled by the Mentor:

Name: *S. Sneha*

Reg.No: *18903ER044*

Class: *11th B.A English*

| DATE | MATTER DISCUSSED | SIGNATURE |
|------------|--|-------------------|
| 8.8.19 | Found out the root of the problem | <i>A. Jenjani</i> |
| 12.10.2019 | Given some ideas to rectify the issues | <i>A. Jenjani</i> |
| 26.11.2019 | Measured the results of previous counselling, and made her feel good | <i>A. Jenjani</i> |
| 12.2.2020 | Discussed about her another problem. She explained her personal problem in the counselling | <i>A. Jenjani</i> |
| 28.3.2020 | Given some ethical values in life | <i>A. Jenjani</i> |
| 26.8.2020 | Realized some changes through her conversation. Suggested some succeeded persons writeups | <i>A. Jenjani</i> |
| 21.12.2020 | to develop her thought process | <i>A. Jenjani</i> |
| 17.2.2021 | Guided her to move on the next stage of life, how to tackle the problems. | <i>A. Jenjani</i> |
| 19.3.2021 | Finally made her as an altruistic person. and he became very strong in mind. now she can easily tackle all the problems. | <i>A. Jenjani</i> |
| | | |
| | | |

Dr. R. Theodor
PRINCIPAL

Sakthi College of Arts and Science for Women
Sakthi Nagar, Palakkanuthu (Po),
Oduvanchatram, Dindigul Dist - 622 619.



SAKTHI COLLEGE OF ARTS AND SCIENCE FOR WOMEN

ODDANCHATRAMP - 624619, DINDIGUL (DT) TAMIL NADU

(Approved Under Section 2(f) & 12(II) Status of UGC Act, 1956)

(Permanently Affiliated to Mother Teresa Women's University, Kodaikanal)

COUNSELLING AND GUIDANCE CELL



Name : P. Seethalakshmi

Reg. No : 18922ERO17

Programme : III BSc

Department : Physics

To be filled by the Mentor: M.N. Jothi

Name: P. Seethalakshmi Reg.No: 18922E R017

Class: III BSc phy

| DATE | MATTER DISCUSSED | SIGNATURE |
|----------|---|------------|
| 13.8.20 | Discussed about health weakness and taking food in morning & afternoon. | M.N. Jothi |
| 26.9.20 | I advised to mingle with her parents. and to share her feelings. | M.N. Jothi |
| 27.10.20 | she did not mingle with classmates. I advised to mingle with friends. | M.N. Jothi |
| 20.11.20 | I advised to concentrate her study and planning future studies. | M.N. Jothi |
| 23.12.20 | Advised to obey her parents & her brother also. & her family health. | M.N. Jothi |
| 8.1.21 | Don't get afraid of arrears. I told to plan her study time and making homework. | M.N. Jothi |
| 15.2.21 | she suffered to stomach pain. I advised to take healthy food. | M.N. Jothi |
| 21.2.21 | Advised to avoid absent and come to college regularly. | M.N. Jothi |
| 16.3.21 | Advised to take decision of her higher studies. | M.N. Jothi |
| | | |
| | | |
| | | |

P. R. Thevar
PRINCIPAL

Sanki College of Arts and Science for women
Sanki Nagar, Palakkanuthu (P)
Oddanchatram, Dindigul Dist



SAKTHI COLLEGE OF ARTS AND SCIENCE FOR WOMEN

ODDANCHATRAM - 624619, DINDIGUL (DT) TAMIL NADU

(Approved Under Section 2(f) & 12(B) Status of UGC Act, 1956)

(Permanently Affiliated to Mother Teresa Women's University, Kodalkanai)

COUNSELLING AND GUIDANCE CELL



Name : B. Kiruba.
Reg. No : 18922ER0013
Programme : III BSc physics
Department : PHYSICS

To be filled by the Mentor:

Name: B. Kiruba

Reg.No: 18922ER013

Class: III BSc Phys

| DATE | MATTER DISCUSSED | SIGNATURE |
|----------|--|-----------|
| 13.8.20 | Discussed about her family and discuss about health problems | M.N. Jeth |
| 26.9.20 | How could she entertain with relax in home asking her with hobby. | M.N. Jeth |
| 27.10.20 | Discuss about her reading habits and improve her General knowledge | M.N. Jeth |
| 20.11.20 | Hand writing is too good. I appreciate her and improve it. | M.N. Jeth |
| 23.12.20 | I advised to mingle with her parents and taking her food | M.N. Jeth |
| 8.1.21 | she affecting stomach pain regularly. I advised to take treatment | M.N. Jeth |
| 15.2.21 | I advised to preparing her competitive exams. | M.N. Jeth |
| 21.2.21 | Discussed her hobby and how to improve the sports events in Athlet. | M.N. Jeth |
| 16.3.21 | Advised to participate in extra curricular activities and enhance her knowledge. | M.N. Jeth |
| | | |
| | | |
| | | |

Dr. R. Thebesw
PRINCIPAL

Sakthi College of Arts and Science for Women
Sakthi Nagar, Palakkanuthu (Po)
Oddanchatram, Dindigul Dist.



SAKTHI COLLEGE OF ARTS AND SCIENCE FOR WOMEN

ODDANCHATRAM - 624619, DINDIGUL (DT) TAMIL NADU

(Approved Under Section 2(f) & 12(B) Status of UGC Act, 1956)

(Permanently Affiliated to Mother Teresa Women's University, Kodaikanal)

COUNSELLING AND GUIDANCE CELL



Name : R. Naga Jothi
Reg. No : 18922ER04
Programme : III Bsc
Department : physics.

To be filled by the Mentor: M.N. JOTHY

Name: R. Naga Jothy Reg.No: 18922ER016

Class: III BSc

| DATE | MATTER DISCUSSED | SIGNATURE |
|----------|--|------------|
| 13.8.20 | Discussed her Extra curriculum activity and getting a awards. to suggest improve her health. | M.N. Jothy |
| 29.9.20 | I Advised to Concentrate the Studies and improve her handwriting | M.N. Jothy |
| 27.10.20 | More Concentrate the Class hours and very lazy for Studies. I suggest to concentrate study. | M.N. Jothy |
| 20.11.20 | Her brother is died. So she suffered. So I advised to recover the natural issues. | M.N. Jothy |
| 23.12.20 | I advised to mingle with others and enjoy the life with others. | M.N. Jothy |
| 8.1.21 | Discussed about inferiority complex and to rectify complex and advisor. | M.N. Jothy |
| 15.2.21 | I discussed about family situation problems and wealth. according to her higher | M.N. Jothy |
| 21.2.21 | Don't get a afraid to studies I told to plan the Study time and making hard work. | M.N. Jothy |
| 16.3.21. | Concentrate her health. she affect a eye problem I suggest take care her. | M.N. Jothy |
| | | |
| | | |
| | | |

Do. L. Theerth
PRINCIPAL

Sakthi College of Arts and Science for Women
Sakthi Nagar, Palakkannuthu (Po)
Oddanchatram, Dindigul Dist.



SAKTHI COLLEGE OF ARTS AND SCIENCE FOR WOMEN

ODDANCHATRAM - 624619, DINDIGUL (DT) TAMIL NADU

(Approved Under Section 2(f) & 12(B) Status of UGC Act, 1956)

(Permanently Affiliated to Mother Teresa Women's University, Kodaikanal)

COUNSELLING AND GUIDANCE CELL



Name : M. ABINAYA
Reg. No : 18901TR003
Programme : III BA TAMIL
Department : TAMIL

To be filled by the Mentor:

Name: M. ABINAYA Reg.No: 18901TR003 Class: III BA

| DATE | MATTER DISCUSSED | SIGNATURE |
|------------|--|-----------|
| 21.8.2018 | She is having some inferiority complex so she does not mingle with students through our counseling she is normal | A. Pavai |
| 10.12.2018 | She has some stage fear, we give continued practice and rectify her fear | A. Pavai |
| 4.2.2019 | On the beginning she gets afraid and feels loneliness we talk with friendly and make a normal mood | A. Pavai |
| 16.8.2019 | Due to the family situation she can't able to study we give guidance to her and her family members, now she studied well | A. Pavai |
| 11.01.2020 | She has some negative thoughts always thinks about some bad things, we discuss about some pleasant memories and good things like continues watching she is ok now | A. Pavai |
| 3.03.2020 | She has kleptomania but basically good student, talk privately and elucidate about the bad habit and the causes, what are problems around her, she realised and promised to not do again | A. Pavai |
| 10.9.2020 | She is very dull and weakness. we guided to consult doctor, now she is in normal health condition after the doctor's consultation | A. Pavai |
| 7.12.2020 | She has some stage fear we give continued practice and rectify her fear. Now she has joined many programme | A. Pavai |
| 11.2.2021 | Due to the family situation she can't able to study we give guidance to her and her family members now she studied well. Nowadays she has very well | A. Pavai |

Dr. R. Theodor
PRINCIPAL
Sakthi College of Arts and Science for Women
Sakthi Nagar, Palakkannuthu (Po),
Mullalayar, Dist. 624 619

Scanned with CamScanner



SAKTHI COLLEGE OF ARTS AND SCIENCE FOR WOMEN

ODDANCHATRAM - 624619, DINDIGUL (DT) TAMIL NADU

(Approved Under Section 2(f) & 12(B) Status of UGC Act, 1956)

(Permanently Affiliated to Mother Teresa Women's University, Kodaikanal)

COUNSELLING AND GUIDANCE CELL



Name : M. Rajeswari
Reg. No : 18923ER034
Programme : 2018-2021
Department : Chemistry

To be filled by the Mentor:

Name : M. Rajeswari

Reg.No : 18923ERO34

Class: BSc., Chemistry

| DATE | MATTER DISCUSSED | SIGNATURE |
|----------|---|-----------|
| 6.12.18 | Making her to avoid fear about the Subject and English medium | G.P.L |
| 4.1.19 | Given trick about organic chemistry and Permutations. | G.P.L |
| 28.6.19 | Motivated her to ask question to the staff and clear the doubts | G.P.L |
| 15.8.19 | Guided her to handle the Apparatus in the Laboratory. | G.P.L |
| 17.10.19 | Discussed about her health issues | G.P.L |
| 28.11.19 | Motivating her to speak in English to develop her skill | G.P.L |
| 7.1.20 | Discussed about how to improve her percentage in next semester. | G.P.L |
| 18.1.21 | Discussed about how to manage her personal problems | G.P.L |
| 11.3.21 | I have given some simple and easiest method to understand physical chemistry. | G.P.L |
| | | |
| | | |
| | | |

D. R. Thirumala
PRINCIPAL

Sakthi College of Arts and Science for Women
Sakthi Nagar, Palakkannuthu (Po)
Oddanchatram, Dindigul Dist



SAKTHI COLLEGE OF ARTS AND SCIENCE FOR WOMEN

ODDANCHIATRAM - 624619, DINDIGUL (DT) TAMIL NADU

(Approved Under Section 2(f) & 12(B) Status of UGC Act, 1956)

(Permanently Affiliated to Mother Teresa Women's University, Kodaikanal)

COUNSELLING AND GUIDANCE CELL



Name : K. Sneha
Reg. No : 18901TR069
Programme : counselling
Department : B.A. Tamil

To be filled by the Mentor:

Name: K. Sheka

Reg.No: 18901TR069

Class: III BA Tamil

| DATE | MATTER DISCUSSED | SIGNATURE |
|------------|--|-----------|
| 10.9.2018 | She has some stage fear. We give Confused practice and readified fear. | M. Tulsi |
| 7.12.2018 | on the begining she gets afraid and feels loneliness. we talk. | M. Tulsi |
| 11.2.2019 | Due to the family situation. She can't able to study. | M. Tulsi |
| 15.3.2019 | She is very dull and weakness. we discuss about consulting doctor. | M. Tulsi |
| 11.4.2019 | Discussed about health weak. and talking healthy. | M. Tulsi |
| 6.8.2020 | Advised to avoid absent and come to college Regularly. | M. Tulsi |
| 10.9.2020 | she has kleptomania but basically good student talk. provably and elucial. | M. Tulsi |
| 7.12.2020 | Appreciate her handwriting and neatness for every notes. | M. Tulsi |
| 11.12.2020 | She is very dull. we guided, to consult doctor. Now she is very well. | M. Tulsi |
| | | |
| | | |
| | | |

Dr. R. Thebo
PRINCIPAL
Sakthi College of Arts and Science for Women
Sakthi Nagar, Palakkannuthu 1st
Oddanchatram, Dindigul Dist



SAKTHI COLLEGE OF ARTS AND SCIENCE FOR WOMEN

ODDANCHATRAM - 624619, DINDIGUL (DT) TAMIL NADU

(Approved Under Section 2(f) & 12(B) Status of UGC Act, 1956)

(Permanently Affiliated to Mother Teresa Women's University, Kodaikanal)

COUNSELLING AND GUIDANCE CELL



| | |
|------------|--------------|
| Name | : V. Vinitha |
| Reg. No | : 18923ER056 |
| Programme | : 2018-2021 |
| Department | : chemistry |

To be filled by the Mentor:

Name : V. Vinitha

Reg.No : 18923ER 056

Class: Bx, chemistry

| DATE | MATTER DISCUSSED | SIGNATURE |
|----------|--|-----------|
| 5.12.18 | Discussed about her family and relationship with them | RK Palay |
| 3.1.19 | I have given some guidance to improve her percentage in upcoming exam. | RK Palay |
| 27.6.19 | Discussing about her health issues | RK Palay |
| 14.8.19 | Advised her to mingle with her classmates and make friends with them | RK Palay |
| 16.10.19 | Motivated her to communicate in English language. | RK Palay |
| 27.11.19 | Made her to participate in competition to improve her confident level. | RK Palay |
| 6.1.20 | Given her some tricks to understand the Mechanisms | RK Palay |
| 12.1.21 | Advised her to take proper diet at proper time | RK Palay |
| 10.3.21 | Motivated her to come punctual to college | RK Palay |
| | | |
| | | |
| | | |

Dr. R. Indira
PRINCIPAL

Sakthi College of Arts and Science for Women
Sakthi Nagar, Palakkannuthu (Po)
Oddanchatram, Dindigul Dist.

Scanned with CamScanner



SAKTHI COLLEGE OF ARTS AND SCIENCE FOR WOMEN

ODDANCHATRAM - 624619, DINDIGUL (DT) TAMIL NADU

(Approved Under Section 2(f) & 12(B) Status of UGC Act, 1956)

(Permanently Affiliated to Mother Teresa Women's University, Kodaikanal)

COUNSELLING AND GUIDANCE CELL



Name : A. Mariamma

Reg. No : 18923ER023

Programme : B.Sc

Department : Chemistry

To be filled by the Mentor:

Name: A-Mariammal

Reg.No: 18923ER023

Class: III year

| DATE | MATTER DISCUSSED | SIGNATURE |
|----------|--|-----------|
| 6.12.18 | Discussed about her family and friends. | PK Kalyan |
| 4.1.19 | Discussed about about her health issues. | PK Kalyan |
| 28.6.19 | Guided to handle and study the Isemester portion. | PK Kalyan |
| 15.8.19 | Explained about how to keep the punctuality in classroom | PK Kalyan |
| 17.10.19 | Discussed about how to behave to staff and friends. | PK Kalyan |
| 28.11.19 | Advised to her , how to overcome from curdles. | PK Kalyan |
| 7.1.20 | Discussed about how expose our skills to others. | PK Kalyan |
| 18.1.21 | Advised to develop her extra curricular activities | PK Kalyan |
| 11.3.21 | Guided how to respect their parents | PK Kalyan |
| | | |
| | | |
| | | |

Dr. R. Thevar
PRINCIPAL

Sakthi College of Arts and Science for Women
Sakthi Nagar, Palakkanuthu (P.O.)
Oddanchatram, Dindigul Dist



SAKTHI COLLEGE OF ARTS AND SCIENCE FOR WOMEN

ODDANCHATHAM - 624619, DINDIGUL (DT) TAMIL NADU

(Approved Under Section 2(f) & 12(B) Status of UGC Act, 1956)

(Permanently Affiliated to Mother Teresa Women's University, Kodaikanal)

COUNSELLING AND GUIDANCE CELL



Name : S. Felcy
Reg. No : 18923ER007
Programme : B.Sc
Department : Chemistry

To be filled by the Mentor:

Name: S. Felcy

Reg.No: 18923ER007

Class: III year
chemistry

| DATE | MATTER DISCUSSED | SIGNATURE |
|----------|--|-----------|
| 05.12.18 | Discussed about her family and her health Issues | G. P. L |
| 3.1.19 | Guided to take healthy food | G. P. L |
| 27.6.19 | Guided to take breakfast regularly | G. P. L |
| 14.8.19 | Advised to fearout among public and others | G. P. L |
| 16.10.19 | Discussed about how to improve her study skill. | G. P. L |
| 27.11.19 | Discussed about mingle with class students | G. P. L |
| 6.1.20 | Advised her students how to behave to staff | G. P. L |
| 12.1.21 | Advised her students how maintain discipline in class room | G. P. L |
| 10.3.21 | Discussed about how to prepare for the semester exam. | G. P. L |
| | | |
| | | |
| | | |

Dr. R. Theodor
PRINCIPAL

Sakthi College of Arts and Science for Women
Sakthi Nagar, Palakkannuthu (P)
Odanchatram, Dindigul Dist



SAKTHI COLLEGE OF ARTS AND SCIENCE FOR WOMEN

ODDANCHIATRAM - 624619, DINDIGUL (DT) TAMIL NADU

(Approved Under Section 2(f) & 12(B) Status of UGC Act, 1956)

(Permanently Affiliated to Mother Teresa Women's University, Kodaikanal)

COUNSELLING AND GUIDANCE CELL



Name : J. Celsiusa
Reg. No : 18923 ER002
Programme : B.Sc
Department : Chemistry

To be filled by the Mentor:

Name: J. celsiya

Reg.No: 18923 ERO02

Class: III year

| DATE | MATTER DISCUSSED | SIGNATURE |
|----------|--|-----------|
| 7.12.18 | Discussed about herself and extra curricular activities | G.P.L |
| 5.1.19 | Guided to overcome from health problems | G.P.L |
| 29.6.19 | ^{advised to} Avoided the unnecessary talk to others, | G.P.L |
| 16.8.19 | Advised to maintain the concentration during the class hours | G.P.L |
| 18.10.19 | Guided to develop herself for campus interview | G.P.L |
| 29.11.19 | Discussed about the how prepare for semester exam | G.P.L |
| 8.1.20 | Guided for maintain discipline in class hours | G.P.L |
| 19.1.21 | Advised to do not fight to friends. | G.P.L |
| 12.3.21 | Discussed about grow ourself in all fields. | G.P.L |
| | | |
| | | |
| | | |

Dr. R. Thevar
PRINCIPAL

Sakthi College of Arts and Science for Women
Sakthi Nagar, Palakkanuthu (Po)
Oddanchatram, Dindigul Dist.



SAKTHI COLLEGE OF ARTS AND SCIENCE FOR WOMEN

ODDANCHATRAM - 624619, DINDIGUL (DT) TAMIL NADU

(Approved Under Section 2(f) & 12(B) Status of UGC Act, 1956)

(Permanently Affiliated to Mother Teresa Women's University, Kodaikanal)

COUNSELLING AND GUIDANCE CELL



Name : BHUVANESHWARY.B

Reg. No : 18922-ER004,

Programme : III - BSc. Phy

Department : PHYSICS.

To be filled by the Mentor: S. SRIDEVI

Name: B. Bhuvareesh Reg.No: 18922ER004. Class: III BSc. Phy/
wavy.

| DATE | MATTER DISCUSSED | SIGNATURE |
|----------|--|------------|
| 13.8.20 | Discussed about her family How would she be happy with her family. | S. Sridevi |
| 29.9.20 | Discussed about her health and monthly menses period and taking healthy food. | S. Sridevi |
| 27.10.20 | Discussed about her mental worries and that time how to relax herself. | S. Sridevi |
| 20.11.20 | How could she entertain with relax. in home asking her with hobby. | S. Sridevi |
| 23.12.20 | Discussed with her healthy and how she has helping mind to others. | S. Sridevi |
| 8.1.21 | Advised to spend money for her luxurious and fancy items for her pocket money. | S. Sridevi |
| 15.2.21 | Advised to get more notes and improve her hand writing. | S. Sridevi |
| 21.2.21 | Discussed about her book reading habit anything. & Advised to study other books. | S. Sridevi |
| 16.3.21. | Advised to participate in extra curricular activity and enhance her knowledge. | S. Sridevi |
| | | |
| | | |
| | | |

Dr. R. Thebesu
PRINCIPAL

Sakthi College of Arts and Science for Women
Sakthi Nagar, Palakkannuthu (Po)
Oddanchatram, Dindigul Dist

Scanned with CamScanner



SAKTHI COLLEGE OF ARTS AND SCIENCE FOR WOMEN

ODDANCHIATRAM - 624619, DINDIGUL (DT) TAMIL NADU

(Approved Under Section 2(f) & 12(B) Status of UGC Act, 1956)

(Permanently Affiliated to Mother Teresa Women's University, Kodaikanal)

COUNSELLING AND GUIDANCE CELL



Name : A. Viji
Reg. No : 18901TR076
Programme : Counselling
Department : BA Tamil.

To be filled by the Mentor:

Name: A. Viji

Reg. No: 189017R076

Class: III B.A Term I

| DATE | MATTER DISCUSSED | SIGNATURE |
|-----------|--|--------------|
| 10.9.2018 | On the begining she gets afraid and feels loneliness. We talk with friendly. | M. T. I. Sel |
| 7.10.2018 | She has some stage fear. We give confused practice and needed fear. | M. T. I. Sel |
| 11.2.2019 | Due to the family situation she can't able to study. | M. T. I. Sel |
| 15.3.2019 | She is very well dull and weakness. We discuss about consulting doctor. | M. T. I. Sel |
| 11.4.2019 | Discussed about health wear and talking healthy. | M. T. I. Sel |
| 6.8.2020 | Advised to avoid absent and come to college regularly. | M. T. I. Sel |
| 10.9.2020 | She has kleptomania but basically good student talk privately and observe. | M. T. I. Sel |
| 7.12.2020 | Appreciate her handwriting and neatness for every notes. | M. T. I. Sel |
| 11.2.2021 | She is very dull. We guided to consult doctor. Now she is very well. | M. T. I. Sel |
| | | |
| | | |
| | | |

[Signature]
PRINCIPAL

Sakthi College of Arts and Science for Women
Sakthi Nagar, Palakkannuthu Road
Oddanchatram, Dindigul Dist

Scanned with CamScanner



SAKTHI COLLEGE OF ARTS AND SCIENCE FOR WOMEN

ODDANKOTIYAM - Coimbatore, DISTRICT-UDUPPI, TAMIL NADU

(Approved Under Section 2(f) & 12(B) Statute of U.C. Act, 1976)

(Previously Affiliated to Madhav Theology Women's University, Kumbakonam)

COUNSELLING AND GUIDANCE CELL



| | |
|------------|--------------------|
| Name | : R. Priya |
| Reg. No | : 18926EP022 |
| Programme | : B.Sc |
| Department | : Computer science |

To be filled by the Mentor: P. Alagunathan

Name: R. Priya

Reg.No: 18926FR022

Class: VI B.Sc (CS)

| DATE | MATTER DISCUSSED | SIGNATURE |
|------------|---|-----------|
| 16.07.2018 | I have discussed about the family members | do |
| 21.07.2018 | I have discussed with her to improve the technical and skills | do |
| 20.12.2019 | I advised her to be courageous and to be resilient to overcome the struggle | do |
| 28.8.2020 | I advised her to be sad not to be worry about the past difficulties | do |
| 24.09.2020 | I advised her how to get a job after her successful degree completion | do |
| 28.10.2020 | I have discussed her to concentrate on higher studies | do |
| 8.01.2021 | I advised her how to get / improve knowledge to get a job | do |
| 12.02.2021 | I give her some tips for improve non body language | do |
| 28.03.2021 | I advised her to take the some medical problem then give the solution | do |
| | | |
| | | |
| | | |

Dr. R. Madhu
PRINCIPAL

Sakthi College of Arts and Science for Women
Sakthi Nagar, Palakkannuthu (PO)
Othanchattam, Villupuram Dist



SAKTHI COLLEGE OF ARTS AND SCIENCE FOR WOMEN

ODDANCHATRAM - 624619, DINDIGUL (DT) TAMIL NADU

(Approved Under Section 2(F) & 12(B) Status of UGC Act, 1956)

(Permanently Affiliated to Mother Teresa Women's University, Kodaikanal)

COUNSELLING AND GUIDANCE CELL



Name : S. Malavizhi
Reg. No : 18942ER019
Programme : B. Com - 1st yr
Department : Commerce

To be filled by the Mentor:

Name: S. Halarvizhi

Reg.No: 18942ER019

Class: III B-Com CA

| DATE | MATTER DISCUSSED | SIGNATURE |
|------------|--|------------|
| 21.08.2018 | Discuss about her personal interest and present experience in college life | S. Usharam |
| 16.10.2018 | She feel lonely due to missing her school friends and hesitated to face new atmosphere | S. Usharam |
| 19.12.2019 | Give some ideas to overcome their fears. | S. Usharam |
| 14.08.2019 | Discuss about her personal interest and feeling about in second year. | S. Usharam |
| 04.10.2019 | Discuss about her result and other activity participation in college life. | S. Usharam |
| 18.02.2020 | Give some ideas to face the new atmosphere situation. now she is slowly, steadily herself. | S. Usharam |
| 18.09.2020 | now she over come her problems and discuss about future ideas. | S. Usharam |
| 10.11.2020 | Give guidance to prepare various competitive exams like TNPS, Bank exams etc. | S. Usharam |
| 25.02.2021 | She improve her activities and also prepare to Govt. exams. | S. Usharam |
| | | |
| | | |
| | | |

Dr. R. Thebesu
PRINCIPAL

Sakthi College of Arts and Science for Women
Sakthi Nagar, Palakkanuthu 196,
Oddeorbatram, Pondicherry



SAKTHI COLLEGE OF ARTS AND SCIENCE FOR WOMEN

ODDANCHATRAM - 624610, DINDIGUL (DT) TAMIL NADU

(Approved Under Section 2(f) & 12(B) Status of UGC Act, 1956)

(Permanently Affiliated to Mother Teresa Women's University, Kodaikanal)

COUNSELLING AND GUIDANCE CELL



Name : J. Nagudeeswari
Reg. No : 18942E2018
Programme : B.Com CA
Department : Commerce

To be filled by the Mentor:

Name: J. Magudeeswari Reg.No: 18942ER018

Class: II B.W.MCA

| DATE | MATTER DISCUSSED | SIGNATURE |
|------------|--|-----------|
| 07.08.2018 | Discuss about her family background and family issues. | J.usharam |
| 09.10.2018 | Discuss about her experience in comparing to school experience. Give some idea to face new atmosphere. | J.usharam |
| 08.02.2019 | Now she recover her problems and also concentrated her studies. | J.usharam |
| 09.08.2019 | She is actively participated in all events in the college program. | J.usharam |
| 11.10.2019 | Given some ideas to actively participated & concentrated in all activities. | J.usharam |
| 14.02.2020 | She improve her activities and also spent this in useful manner. | J.usharam |
| 08.09.2020 | Discuss about her future planning and goals. | J.usharam |
| 21.11.2020 | Given some ideas to achieve their goals and what are the opportunities available to attain their goal. | J.usharam |
| 17.02.2021 | Now she has a confidence to face competitive exams & some kind of interviews. | J.usharam |
| | | |
| | | |
| | | |

Do. R. Thiruvudai
PRINCIPAL
Sakthi College of Arts and Science for Women
Sakthi Nagar, Palakkanathu
Oodanchatram, Dindigul Dist



SAKTHI COLLEGE OF ARTS AND SCIENCE FOR WOMEN

ODDARCHIATRAM - ஓடிச்சித்திரம் (ஓர்) தாமிர நாடு

(Approved Under Section 2(f) & 2(b) Statute of UGC Act, 1976)

(Previously Affiliated to Madhav Thiruv Women's University, Kollamangal)

COUNSELLING AND GUIDANCE CELL



| | |
|------------|-----------------|
| Name | : M. Malathi |
| Reg. No | : 189425 R020 |
| Programme | : Ind. com. en. |
| Department | : Commerce |

To be filled by the Mentor:

Name: M. Malathi

Reg.No: 18942E R020

Class: VI B. U. M. CA.

| DATE | MATTER DISCUSSED | SIGNATURE |
|------------|--|------------|
| 13.08.2018 | Discuss about herself and their family Members. | G.usharani |
| 12.10.2018 | Discuss about her experience in college life compare to school life. She feel loneliness due to missing her friends. | G.usharani |
| 13.02.2019 | Give suggestion to overcome her fears in new atmosphere in college life. | G.usharani |
| 10.08.2019 | Discuss about her result of first year and give some ideas to increase her percentage. | G.usharani |
| 17.10.2019 | Discuss about hobbies and Interest area for entertainment. | G.usharani |
| 07.02.2020 | Discuss some ideas to spend their time in useful manner for their achievements. | G.usharani |
| 12.09.2020 | Discuss about her carrier Goals and Interest areas. | G.usharani |
| 19.11.2020 | Discuss some points to develop their carrier planning. | G.usharani |
| 03.02.2021 | She concentrated her studies and also she is regularly prepare some competitive exams. | G.usharani |
| | | |
| | | |
| | | |

Dr. R. Theodor
PRINCIPAL

Sakthi College of Arts and Science for Women
Sakthi Nagar, Palakkanuthu (Po)
Oddanchatram, Dindigul Dist.

Scanned with CamScanner



SAKTHI COLLEGE OF ARTS AND SCIENCE FOR WOMEN

ODDANCHATRAM – 624619, DINDIGUL (DT) TAMIL NADU

(Approved Under Section 2(f) & 12(B) Status of UGC Act, 1956)

(Permanently Affiliated to Mother Teresa Women's University, Kodaikanal)

COUNSELLING AND GUIDANCE CELL



Name : P. Selva Priya

Reg. No : 18901TR067

Programme : III - BA - Tamil

Department : Tamil

To be filled by the Mentor:

Name: 7. SelvaPriya Reg.No: B9017R067 Class: III BA Tamil

| DATE | MATTER DISCUSSED | SIGNATURE |
|-----------|--|------------|
| 10.9.2018 | She has some stage fear. we give confused practice and reactivated fear | M. Tulschi |
| 7.12.2018 | On the begining she gets afraid and feels loneliness we talk with friendly | M. Tulschi |
| 11.2.2019 | Due to the family situation she cant able to study. | M. Tulschi |
| 15.3.2019 | She is very dull and weakness we discuss about consulting doctor. | M. Tulschi |
| 11.4.2019 | Discussed about health weak. and talking healthy. | M. Tulschi |
| 6.8.2020 | Advised to avoid absent and come to college regularly. | M. Tulschi |
| 10.9.2020 | She has kleptomania but basically good student talk privately and elucidate. | M. Tulschi |
| 7.12.2020 | Appreciate her handwriting and neatness for every notes. | M. Tulschi |
| 11.2.2021 | She is very dull we guided to consult doctor. Now she is very well. | M. Tulschi |
| | | |
| | | |
| | | |

Dr. S. S. S. S.
PRINCIPAL

Sakthi College of Arts and Science for Women
Sakthi Nagar, Palakkannur Taluk
Oodanchatram, Dindigul Dist



SAKTHI COLLEGE OF ARTS AND SCIENCE FOR WOMEN

ODDANCHATRAM - 624609, DINDIGUL (TN) TAMIL NADU

(Approved Under Section 2(f) & 12(B) Status of UGC Act, 1976)

(Permanently Affiliated to Mother Teresa Women's University, Kodaikanal)

COUNSELLING AND GUIDANCE CELL



| | |
|------------|---------------|
| Name | : R. Abinaya |
| Reg. No | : 189019R004 |
| Programme | : counselling |
| Department | : Tamil |

To be filled by the Mentor:

Name: R. Abinaya

Reg.No: 189017R001

Class: III B-A Term 2

| DATE | MATTER DISCUSSED | SIGNATURE |
|---------------------|--|-----------|
| 10-09-18 | On the bigging she gets afraid and feels loneliness we talk with friendly | A. Pavan |
| 7-12-18 | She has some stagefear. we give continued practice and rectified fear | A. Pavan |
| 17-02-19 | She is very dull and weakness we guided to consult doctor Now she is normal health condition | A. Pavan |
| 15-03-19 | She is very dull and weakness we discuss about consulting doctor | A. Pavan |
| 11-04-19 | Due to the family situation she cant able to study | A. Pavan |
| 6-08-20 | Discussed about health weakness and taking healthy | A. Pavan |
| 10-09-20 | Advised to avoid absent and come to college regularly | A. Pavan |
| 7-12-20 | Appreciate her handwriting and neatness for every notes | A. Pavan |
| 11-02-21 | She has Schizophrenia but basically good student talk privately and confidential | A. Pavan |
| 10-09-20 | | |
| 7-12-20 | | |
| | | |

Dr. R. Theodor
PRINCIPAL

Santhi College of Arts and Science for Women
Sakthi Nagar, Palakkanuthu (P)
Oddanchatram, Dindigul Dist



SAKTHI COLLEGE OF ARTS AND SCIENCE FOR WOMEN

GUDANCHIATRAM - 604019, [HINDURAI (T), TAMIL NADU]

(Approved Under Section 9(f) & 12(B) Status of U.G. Act 1956.)

(Previously Affiliated to Madhav Women's University, Kanchipuram)

COUNSELLING AND GUIDANCE CELL



| | |
|------------|-----------------|
| Name | : R. ALAGUMEENA |
| Reg. No | : 18922ER002 |
| Programme | : III - BSc Phy |
| Department | : Physics |

To be filled by the Mentor: S. SRIDEVI

Name: R. ALAGUMEENA Reg.No: 18922ER002 Class: III - B.Sc.

| DATE | MATTER DISCUSSED | SIGNATURE |
|----------|---|------------|
| 13.8.20 | she is lazy girl so advised her to avoid it and start her study in 11 years. | S. Sridevi |
| 26.9.20 | Asked her to be active in class and mingle with others. | S. Sridevi |
| 27.10.20 | Don't get afraid of arrear. I told to plan her study time and making hand work. | S. Sridevi |
| 20.11.20 | Discussed about her inferiority complex and took decision to rectify her complex and advised her. | S. Sridevi |
| 23.12.20 | Discussed about IV sem exam and her brother job. How to improve her health and study. | S. Sridevi |
| 8.1.21 | Discussed about Friendship with classmates and behaviour with others and her health. | S. Sridevi |
| 15.2.21 | discussed her health. She affected by stomach pain every month. | S. Sridevi |
| 21.2.21 | I advised to participate in higher study exams and extra curricular activities. | S. Sridevi |
| 16.3.21 | I discussed with her about her family wealth. according to that take decision of higher study. | S. Sridevi |
| | | |
| | | |
| | | |

S. Sridevi
PRINCIPAL

Sakthi College of Arts and Science for Women
Sakthi Nagar, Palakkasmathu (P)
Oodanchatram, Dindigul Dist

Scanned with CamScanner



SAKTHI COLLEGE OF ARTS AND SCIENCE FOR WOMEN

ODDANCHIATRAM - 624619, DINDIGUL (DT) TAMIL NADU

(Approved Under Section 2(f) & 12(B) Status of UGC Act, 1956)

(Permanently Affiliated to Mother Teresa Women's University, Kodaikanal)

COUNSELLING AND GUIDANCE CELL



Name : DHANALAKSHMI . R.
Reg. No : 18922ERO06.
Programme : III - BSc - Phy
Department : PHYSICS .

To be filled by the Mentor: S. SRIDEVI

Name: R: DHANALAKSHMI Reg.No: 18922-ER006

Class: III. BSc. Ph

| DATE | MATTER DISCUSSED | SIGNATURE |
|----------|--|------------|
| 13.8.20 | Discussed about her slowly writing habits and memory loss & her study. | S. Sridevi |
| 26.9.20 | Advised to her health weakness and taking food in morning & afternoon. | S. Sridevi |
| 27.10.20 | Discussed about her shyness in Class. and mingle with others. | S. Sridevi |
| 20.11.20 | Improve her handwriting and make to write in home with a soul. | S. Sridevi |
| 23.12.20 | Advised to obey her parents and concentrate in her study. | S. Sridevi |
| 8.1.21 | Advised to participate in All programme conducted in and out of the college. | S. Sridevi |
| 15.2.21 | Advised to avoid absent and come to regular in college. | S. Sridevi |
| 21.2.21 | Discussed about her Extra curricular activities and participate in it. | S. Sridevi |
| 16.3.21 | Advised to her to join higher study according to her family situation. | S. Sridevi |
| | | |
| | | |
| | | |

Dr. R. Sridevi
PRINCIPAL

Sakthi College of Arts and Science for Women
Sakthi Nagar, Palakkanuthu (Po)
Oddanchatram, Dindigul Dist.

Scanned with CamScanner



SAKTHI COLLEGE OF ARTS AND SCIENCE FOR WOMEN

ODDANCHATRAM - 624619, DINDIGUL (DT) TAMIL NADU

(Approved Under Section 2(f) & 12(B) Status of UGC Act, 1956)

(Permanently Affiliated to Mother Teresa Women's University, Kodaikanal)

COUNSELLING AND GUIDANCE CELL



Name : V. ABINAYA

Reg. No : 18922-ER001

Programme : III. Bsc. phy

Department : Physics

To be filled by the Mentor: S. SRIDEVI

Name: V. ABINAYA

Reg.No: 18922ER001

Class: III BSc. Phy

| DATE | MATTER DISCUSSED | SIGNATURE |
|----------|---|-------------------|
| 13.8.20 | Because of getting marriage, advised her health and study. | <i>S. Sridevi</i> |
| 26.9.20 | Discussed her family situation and contentment in her study. | <i>S. Sridevi</i> |
| 27.10.20 | Affecting stomach pain regularly advised to take treatment. | <i>S. Sridevi</i> |
| 20.11.20 | Discussed her family members and any struggle in mental stress. | <i>S. Sridevi</i> |
| 23.12.20 | Discussed about her wealth and advised to paying fees regularly. | <i>S. Sridevi</i> |
| 8.1.21 | Advised to mingle with other classmates and be happy in college life. | <i>S. Sridevi</i> |
| 15.2.21 | Discussed about her health and happy in her home. | <i>S. Sridevi</i> |
| 21.2.21 | Advised to take medicine for stomach pain and also conceptual in study. | <i>S. Sridevi</i> |
| 16.3.21 | Advised to continue her higher study and complete her future. | <i>S. Sridevi</i> |
| | | |
| | | |
| | | |

S. Sridevi
PRINCIPAL

Sakthi College of Arts and Science for women
Sakthi Nagar, Palakkanuthu (Poi)
Oddanchatram, Dindigul Dist



SAKTHI COLLEGE OF ARTS AND SCIENCE FOR WOMEN

ODDANCHATRAM - 624619, DINDIGUL (DT) TAMIL NADU

(Approved Under Section 2(f) & 12(B) Status of UGC Act, 1956)

(Permanently Affiliated to Mother Teresa Women's University, Kodaikanal)

COUNSELLING AND GUIDANCE CELL



Name : D. BHARATHI.
Reg. No : 18922ER002
Programme : III - BSc. Phy
Department : PHYSICS

To be filled by the Mentor: S. SRIDEVI

Name: D. BHARATHI Reg.No: 18922E2003 Class: III - BSc Phy

| DATE | MATTER DISCUSSED | SIGNATURE |
|----------|---|------------|
| 13.8.20 | Discussed about her health because she affected frequently in stomach pain. | D. Sridevi |
| 29.9.20 | Appreciate her perfect work in every programme and healthy. | D. Sridevi |
| 27.10.20 | Advised to concentrate in her health and healthy work. | D. Sridevi |
| 20.11.20 | Advised to mingle with others and be happy with others. | D. Sridevi |
| 23.12.20 | Advised to participate in every programme conducted by our College. | D. Sridevi |
| 8.1.21 | Advised to taking medicine for her stomach pain and taking care. | D. Sridevi |
| 15.2.21 | Appreciate her handwriting and healthy for every work and sincere. | D. Sridevi |
| 21.2.21 | Discussed her with Extra curricular activity and getting prizes. | D. Sridevi |
| 16.3.21 | Advised to take decision of higher study. | D. Sridevi |
| | | |
| | | |
| | | |

Dr. R. Theodor
PRINCIPAL

Sakthi College of Arts and Science for Women
Sakthi Nagar, Palakkannathu (P.O.)
Changanassery, Pinjira Dist.



SAKTHI COLLEGE OF ARTS AND SCIENCE FOR WOMEN

ODDANCHIATRAM - 624619, DINDIGUL (DT) TAMIL NADU

(Approved Under Section 2(f) & 12(B) Status of UGC Act, 1956)

(Permanently Affiliated to Mother Teresa Women's University, Kodaikanal)

COUNSELLING AND GUIDANCE CELL



Name : V. Gowsalya

Reg. No : 18926ER2005

Programme : B.Sc (CS)

Department : Computer Science

To be filled by the Mentor: N. Namthine

Name: V. Anusuya Reg.No: 18A26ED005 Class: (I)-B Sec A

| DATE | MATTER DISCUSSED | SIGNATURE |
|------------|---|-----------|
| 16-4-2018 | In this 1st counselling, discussed about her behaviour and educational details. | <u>N</u> |
| 21-9-2018 | Discussed about the necessity of counselling and then given some ideas to improve knowledge. | <u>N</u> |
| 20-12-2019 | She will think lot of problem in school and every minute. I suggested her how to overcome her busy mind and become confident. | <u>N</u> |
| 28-8-2020 | Discussed about the result of previous counselling. I advised her not to think about the problem. | <u>N</u> |
| 21-9-2020 | In this counselling, I had a friendly conversation with her in order to know more about her personality. | <u>N</u> |
| 28-10-2020 | Discussed about her weakness. I have given some ideas to enrich her self-improvement. | <u>N</u> |
| 8-01-2021 | She will perfectly overcome this event handling problem & she had a good friend circle. | <u>N</u> |
| 12-2-2021 | In this counselling, I notice that she had uncomfortable when she was in social situation. | <u>N</u> |
| 3-3-2021 | Discussed about the result of previous counselling. I had advised her to improve her friendly more with people. | <u>N</u> |
| | | |
| | | |
| | | |

Dr. R. Theodor
Mentor

Sanku College of Arts and Science for Women
Sanku Nagar, Palakkannothu P.O.
Oodanchathram, Dindigul Dist.



SAKTHI COLLEGE OF ARTS AND SCIENCE FOR WOMEN

ODDANCHATRAM - 624619, DINDIGUL (DT) TAMIL NADU

(Approved Under Section 2(f) & 12(B) Status of UGC Act, 1956)

(Permanently Affiliated to Mother Teresa Women's University, Kodaikanal)

COUNSELLING AND GUIDANCE CELL



Name : N. Hemavashini
Reg. No : 18926ER006
Programme : B.Sc (us)
Department : Computer Science

To be filled by the Mentor: N. Nanthini

Name: N. Homavardhini Reg. No: 1892682006

Class: III-B 2 (A)

| DATE | MATTER DISCUSSED | SIGNATURE |
|------------|--|-----------|
| 16.7.2018 | I have discussed about her the reason of sadness in the class | N |
| 21.9.2018 | In their counselling I have discussed with her to improve technical knowledge | N |
| 20.12.2019 | I advised her to be courageous and to be patient to overcome the struggles and also said not to worry about the future | N |
| 28.8.2020 | I advised her how to get a job after successful Degree Completion | N |
| 26.9.2020 | I openly encourage her not to lose hope by saying that a bright future is waiting for her | N |
| 28.10.2020 | I advised her how to improve fluency along with her sports activities | N |
| 8.01.2021 | In this counselling I gave her some tips to improve her body language. | N |
| 12.2.2021 | I advised her to take healthy food on time. | N |
| 3.2.2021 | Had a friendly conversation, I have discussed her to concentrate on higher studies and jobs. | N |
| | | |
| | | |
| | | |

N. Nanthini
PRINCIPAL

Sakthi College of Arts and Science for Women
Sakthi Nagar, Palakkanuthu (P)
Puducherry, Dindigul Dist



SAKTHI COLLEGE OF ARTS AND SCIENCE FOR WOMEN

ODDANCHATRAM - 624619, DINDIGUL (DT) TAMIL NADU

(Approved Under Section 2(f) & 12(B) Status of UGC Act, 1956)

(Permanently Affiliated to Mother Teresa Women's University, Kodaikanal)

COUNSELLING AND GUIDANCE CELL



Name : J. Sangeetha










Reg. No : 18926 ER026

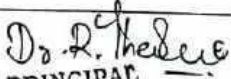
Programme : B.Sc

Department : Computer Science

To be filled by the Mentor: P. Alaguthai

Name: J. Sangeetha Reg.No: 18926ER026 Class: IV B.Sc (cs)

| DATE | MATTER DISCUSSED | SIGNATURE |
|------------|---|---|
| 16.07.2018 | I have discussed about the reason of her sadness in the class |  |
| 21.09.2018 | I have discussed with her to improve the knowledge. |  |
| 20.12.2019 | I advised her to be courageous and to take rest if time |  |
| 28.8.2020 | I often encourage her not to lose hope by saying that, there is a bright future |  |
| 24.9.2020 | I advised her how to get a job after her successfully. |  |
| 28.10.2020 | I have discussed her to concentrate on studies and sports. |  |
| 8.01.2021 | I advised her how to improve our English knowledge. |  |
| 12.02.2021 | I gave her some tips to improve her body language |  |
| 3.3.2021 | I advised her to be take the some medical issues to cure the solution. |  |
| | | |
| | | |
| | | |


PRINCIPAL

Sakthi College of Arts and Science for Women
Sakthi Nagar, Palakkannur (Po)
Tamil Nadu



SAKTHI COLLEGE OF ARTS AND SCIENCE FOR WOMEN

ODDANCHATRAM - 624619, DINDIGUL (DT) TAMIL NADU

(Approved Under Section 2(f) & 12(B) Status of UGC Act, 1956)

(Permanently Affiliated to Mother Teresa Women's University, Kodaikanal)

COUNSELLING AND GUIDANCE CELL



| | |
|------------|--------------------|
| Name | : B. Jothilakshmi. |
| Reg. No | : 18921ER 015 |
| Programme | : B.Sc., |
| Department | : Mathematics. |

To be filled by the Mentor:

Name: B. Jothi Lakshmi, Reg.No: 18921ER015

Class: III - B.Sc.

| DATE | MATTER DISCUSSED | SIGNATURE |
|------------|---|-----------|
| 27.07.2018 | Find out her Personal & family problems & Any issues for Health. | S. Manik |
| 11.08.2018 | I have given some ideas to identify the issues. | S. Manik |
| 30.08.2018 | I have given some Ethical Values in her Personal Life. | S. Manik |
| 25.01.2019 | Guided to, she improve her self confidence & became very strong in mind. | S. Manik |
| 21.02.2019 | Discussed the Present situation of her & given some ideas to face it. | S. Manik |
| 30.03.2019 | Guided her to move on the next level of her studies. | S. Manik |
| 18.10.2019 | I have given some suggestion to realized some changes through her activities. | S. Manik |
| 5.2.2020 | I have given some ideas to improve her mark Percentage in semester. | S. Manik |
| 25.3.2020 | I have given some suggestions to Plan her future life. | S. Manik |
| | | |
| | | |
| | | |

Dr. R. Theodor
: PRINCIPAL

Sakthi College of Arts and Science for Women
Sakthi Nagar, Palakkannuthy road
Oodanchatram, Dindigul Dist.

Scanned with CamScanner



SAKTHI COLLEGE OF ARTS AND SCIENCE FOR WOMEN

ODDANATHIYAM - 624619, DINDIGUL (DT) TAMIL NADU

(Approved Under Section 2(f) & 12(B) Status of UGC Act, 1956)

(Permanently Affiliated to Mother Teresa Women's University, Kodaikanal)

COUNSELLING AND GUIDANCE CELL



Name : S. Sahin Fatima
Reg. No : 18921ERO34
Programme : B.Sc.,
Department : Mathematics

To be filled by the Mentor:

Name: S. Sahin Fatkhim Reg.No: 18921ER034 Class: III - B.Sc.,

| DATE | MATTER DISCUSSED | SIGNATURE |
|-----------|--|-----------|
| 27.7.2018 | Discussed about Her family details and Personal Problems | S. Maini |
| 11.8.2018 | Guided to she improve her self confidence and became very strong in mind | S. Maini |
| 30.8.2018 | Measured the results of previous counselling and Make her feel good | S. Maini |
| 25.1.2019 | I have Given Some Ethical Values in her Personal life | S. Maini |
| 21.2.2019 | Discussed the Present situation of her & given some ideas to face it | S. Maini |
| 30.3.2019 | Guided her to move on the next level of her studies | S. Maini |
| 18.1.2019 | I Recommended to take nutritious food & maintain Good health | S. Maini |
| 5.2.2020 | Discussed about how to get rid of her fear. | S. Maini |
| 25.3.2020 | I have given Some Suggestions to Plan her future Life. | S. Maini |
| | | |
| | | |
| | | |

Dr. R. Theodor
PRINCIPAL

Santhi College of Arts and Science for Women
Sakthi Nagar, Palakkannuthu (P.O.)
Nadanchatram, Dindigul Dist.



SAKTHI COLLEGE OF ARTS AND SCIENCE FOR WOMEN

ODDANCHATRAM - 624619, DINDIGUL (DT) TAMIL NADU

(Approved Under Section 2(f) & 12(B) Status of UGC Act, 1956)

(Permanently Affiliated to Mother Teresa Women's University, Kodaikanal)

COUNSELLING AND GUIDANCE CELL



Name : S. Loga Priya
Reg. No : 18921ERD23
Programme : B.sc.,
Department : Mathematics

To be filled by the Mentor:

Name: S. Loga Priya Reg.No: 18921ER023 Class: II - BSc,

| DATE | MATTER DISCUSSED | SIGNATURE |
|------------|--|-----------|
| 27.7.2018 | Discussed about her health Problems. | S. Maini |
| 11.8.2018 | Discussed about how to reduce her negative thoughts. | S. Maini |
| 30.8.2018 | Discussed about how to get rid of her fear. | S. Maini |
| 25.1.2019 | Given some Ethical Values in her Personal Life. | S. Maini |
| 21.2.2019 | I have guided, the effects of anger and how to reduce it. | S. Maini |
| 30.3.2019 | I have given some ideas, to maintain Good health. | S. Maini |
| 18.10.2019 | Guided her to move on the next level of her studies. | S. Maini |
| 5.2.2020 | Measured the Previous counselling result & Make her feel good. | S. Maini |
| 25.3.2020 | I have given some suggestions to Plan her future life. | S. Maini |
| | | |
| | | |
| | | |

Dr. R. Krishna

Sakthi College of Arts and Science for Women
Sakthi Nagar, Palakkannuthu (Po)
Ottanchalvanam, Palakkannuthu



SAKTHI COLLEGE OF ARTS AND SCIENCE FOR WOMEN

ODDANCHATRAM - 624619, DINDIGUL (DT) TAMIL NADU

(Approved Under Section 2(f) & 12(B) Status of UGC Act, 1956)

(Permanently Affiliated to Mother Teresa Women's University, Kodaikanal)

COUNSELLING AND GUIDANCE CELL



| | |
|------------|----------------|
| Name | : R. Nathiya |
| Reg. No | : 18921ER029 |
| Programme | : B.Sc., |
| Department | : Mathematics. |

To be filled by the Mentor:

Name: R. Nathiya

Reg.No: 18921ERO29

Class: III - B.sc,

| DATE | MATTER DISCUSSED | SIGNATURE |
|------------|--|-----------|
| 27.7.2018 | We Discussed each other, through the discuss, I have guided how to manage stress | S. Maini |
| 11.8.2018 | Discussed about her health Problems | S. Maini |
| 30.8.2018 | Discussed about, how to handle critical situations in her life | S. Maini |
| 25.1.2019 | Given Some Ethical Values in her Personal life | S. Maini |
| 21.2.2019 | Given Some ideas to Overcome her Semester exam fear. | S. Maini |
| 30.3.2019 | Guided to her to move on the next level of her Studies | S. Maini |
| 18.10.2019 | I have given Some ideas to improve her marks Percentage in semester | S. Maini |
| 5.2.2020 | Guided to she improve her self confidence & became very strong in mind. | S. Maini |
| 25.3.2020 | Guided her future Plans. | S. Maini |
| | | |
| | | |
| | | |

Dr. R. Heide
PRINCIPAL

Sakthi College of Arts and Science for Women

Sakthi Road, Pudukkottai - 605 006

Scanned with CamScanner



SAKTHI COLLEGE OF ARTS AND SCIENCE FOR WOMEN

ODDANCHATTAM - 624619, DINDIGUL (TN) TAMIL NADU

(Approved Under Section 2(f) & 12(B) Status of UGC Act, 1956)

(Permanently Affiliated to Mother Teresa Women's University, Kodaikanal)

COUNSELLING AND GUIDANCE CELL



Name : K. Lathifa Barveen.
Reg. No : 18921ER022
Programme : B.Sc.,
Department : Mathematics.

To be filled by the Mentor:

Name: K. Lathifa Barveen Reg.No: 1892/ERO22 Class: III-B.Sc.

| DATE | MATTER DISCUSSED | SIGNATURE |
|------------|--|-----------|
| 27.7.2018 | Discussed about her family details & Personal Problems. | S. Maini |
| 11.8.2018 | Given Some ideas to Overcome her semester exam fears. | S. Maini |
| 30.8.2018 | Measured the previous counselling result & Make her feel Good. | S. Maini |
| 25.1.2019 | Guided her to move on the next level of her studies. | S. Maini |
| 21.2.2019 | I Recommended to take nutritious food. | S. Maini |
| 30.3.2019 | I have given some ideas to reduce her anger. | S. Maini |
| 18.10.2019 | Guided to she improve herself confidence & became very strong in mind. | S. Maini |
| 5.2.2020 | Guided her to move on the next level of her studies. | S. Maini |
| 25.3.2020 | Guided her future Plans. | S. Maini |
| | | |
| | | |
| | | |

Dr. R. K. Reddy
PRINCIPAL

Sakthi College of Arts and Science for Women
Sakthi Nagar, Palakkanuthu (Po)

Scanned with CamScanner



SAKTHI COLLEGE OF ARTS AND SCIENCE FOR WOMEN

ODDANCHATRAM - 624619, DINDIGUL (DT) TAMIL NADU

(Approved Under Section 2(f) & 12(B) Status of UGC Act, 1956)

(Permanently Affiliated to Mother Teresa Women's University, Kodaikanal)

COUNSELLING AND GUIDANCE CELL



Name : *Thenmozhi. G*
Reg. No : *18903 ER051*
Programme : *B-A L*
Department : *English*

To be filled by the Mentor:

Name: *Dr. Thenmozhi* Reg.No: *18903ER051*

Class: *III B.A. English*

| DATE | MATTER DISCUSSED | SIGNATURE |
|------------|---|------------|
| 4.7.2018 | I found out that she skipped her breakfast regularly | A. Jeyaraj |
| 11.9.2018 | I advised her about the diet and importance of healthy diet | A. Jeyaraj |
| 21.12.2018 | Discussed about her another problem she explained her stage fear problem. | A. Jeyaraj |
| 6.2.2019 | I advised her to be confident while speaking in front of the public | A. Jeyaraj |
| 14.3.2019 | Gave her advice regarding her handwriting improvement | A. Jeyaraj |
| 19.5.2019 | I asked her to follow the time management. | A. Jeyaraj |
| 5.9.2019 | I gave her advice in relation to study techniques. | A. Jeyaraj |
| 24.2.2020 | She improves in gaining good marks after the advice | A. Jeyaraj |
| 15.8.2020 | She makes a gradual changes in her handwriting | A. Jeyaraj |
| | | |
| | | |
| | | |

Dr. R. Theodor

PRINCIPAL
Sakthi College of Arts and Science
Sakthi Nagar, Palakkanur...
Oddanchatram, Vindigal Dist



SAKTHI COLLEGE OF ARTS AND SCIENCE FOR WOMEN

ODDANCHIATRAM - 624619, DINDIGUL (DT) TAMIL NADU

(Approved Under Section 2(f) & 12(B) Status of UGC Act, 1956)

(Permanently Affiliated to Mother Teresa Women's University, Kodaikanal)

COUNSELLING AND GUIDANCE CELL



Name : D. Soundarya.
Reg. No : 18942 ER044
Programme : M. B. Com (U)
Department : Commerce

To be filled by the Mentor:

Name: Soundharya. D Reg.No: 18942 ER044 Class: III Bcom (CA)

| DATE | MATTER DISCUSSED | SIGNATURE |
|------------|---|-----------|
| 27.7.2015 | discussed about her actual problem in family background | High |
| 11.8.2019 | why she is below average in studies discuss about in study | High |
| 30.8.2019 | discuss about in addition using in TV. | High |
| 25.1.2019 | we have to be advised I asked about parent complain | High |
| 21.2.2019 | I give guidelines overcoming this problem. | High |
| 30.3.2019 | After we discuss about her problem find solution | High |
| 18.10.2019 | discussed about the semester results given some ideas Improve her knowledge | High |
| 5.2.2020 | Discuss about her carrier development in future. | High |
| 23.3.2020 | Guided to Improvement self Improvement in future plan | High |
| | | |
| | | |
| | | |

Dr. R. P. K. S.
PRINCIPAL

Sakthi College of Arts and Science for Women
Sakthi Nagar, Palakkanuthu (Po)
Oddanchatram, Dindigul Dist.



SAKTHI COLLEGE OF ARTS AND SCIENCE FOR WOMEN

ODDANCHIATRAM - 624619, DINDIGUL (DT) TAMIL NADU

(Approved Under Section 2(f) & 12(B) Status of UGC Act, 1956)

(Permanently Affiliated to Mother Teresa Women's University, Kodaikanal)

COUNSELLING AND GUIDANCE CELL



Name : Priyadharshini P
Reg. No : 18942 ER033
Programme : III Bcom (H)
Department : Commerce

To be filled by the Mentor: Y. Shanmuga Priya

Name: Priya dhanushini Reg.No: 18942ER033 Class: 10 - Bwm

| DATE | MATTER DISCUSSED | SIGNATURE |
|------------|---|-------------------|
| 27.7.2018 | discussed about her study and motivation. | Y. Shanmuga Priya |
| 11.8.2018 | discussed about how to improve her percentage. | Y. Shanmuga Priya |
| 30.8.2018 | Engage the student discuss about her career development | Y. Shanmuga Priya |
| 25.1.2019 | discussed about the semester result given some ideas. | Y. Shanmuga Priya |
| 21.2.2019 | Discussed about the future career development. | Y. Shanmuga Priya |
| 30.3.2019 | Discussed about higher studies and higher job | Y. Shanmuga Priya |
| 19.10.2017 | I give guidelines over writing this problem | Y. Shanmuga Priya |
| 5.9.2018 | After we discuss about her problem find and solution. | Y. Shanmuga Priya |
| | | |
| | | |
| | | |
| | | |

Dr. R. Thirugan
PRINCIPAL

Sakthi College of Arts and Science for Women
Sakthi Nagar, Palakkanuthu (Po)
Oddanchatram, Dindigul Dist.



SAKTHI COLLEGE OF ARTS AND SCIENCE FOR WOMEN

ODDANCHATRAM - 624619, DINDIGUL (DT) TAMIL NADU

(Approved Under Section 2(f) & 12(B) Status of UGC Act, 1956)

(Permanently Affiliated to Mother Teresa Women's University, Kodaikanal)

COUNSELLING AND GUIDANCE CELL



Name : T.S. LASHIYA










Reg. No : 18941ER025

Programme : B. com

Department : Commerce

To be filled by the Mentor:

Name: T.S. LASHIYA Reg.No: 18941ER025 Class: III B.Lom

| DATE | MATTER DISCUSSED | SIGNATURE |
|------------|--|---|
| 15.8.2020 | Identified about her not interested in activities, loneliness, reserve in nature discussed about |  |
| 9.9.2020 | Talked about her strength, weakness, habitation, ^{that} interest |  |
| 9.10.2020 | Given counselling to overcome from loneliness, and to become open minded etc. |  |
| 17.10.2020 | Seen the improvement in her habitation etc. Guidance given for more exposure |  |
| 7.11.2020 | Discussed about her slow learning asked to concentrate in studies |  |
| 9.1.2021 | Talked about her improvement in all the activities |  |
| 6.2.2021 | Discussed about her future career. |  |
| 6.3.2021 | Guidance to concentrate in studies to get more marks |  |
| 19.3.2021 | Discussed about job availability & possibility to achieve her goal. |  |
| | | |
| | | |
| | | |


PRINCIPAL

Sakthi College of Arts and Science for Women
Sakthi Nagar, Palakkannuthu (PO)
Oddanchatram, Dindigul Dist.